

ERIN POWLEY

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CERTIFICATIONS

- RSW – OCSWSSW
- MSW – Wurzweiler School of Social Work, Yeshiva University New York City, NY
- C-DBT -Evergreen Certifications
- Family Bridges Workshop– Dr. Randy Rand & Dr. Yvonne Parnell, Ventura, Ca
- Parent-Child Contact Problems Training - Dr. Barbara Fidler & Dr. Shely Polak
- San'yas Indigenous Cultural Safety Training - BC Provincial Health Services Authority

PROFESSIONAL EXPERIENCE

PEACE Psychotherapy (Toronto) - Private, Individual & Group Counselling May 2018 - Present

- Trauma informed psychotherapy
- Individual and group treatment for anxiety and related disorders, mood and personality disorders addressing suicidality, self-harm, addiction, trauma and childhood abuse, grief and loss, sexuality/sexual orientation, etc.
- DBT skills including mindfulness, interpersonal effectiveness, distress tolerance and emotional regulation

Credit Valley Hospital - Crisis Intervention Team Oct. 2014 – Present

- Provide assessment, intervention and discharge planning to patients experiencing crisis
- Initiate linkage to community services
- Offer emotional support to family members of ER patients
- Provide advocacy and collaboration within the Emergency Department team
- Member of the Trillium Health Partners Assistance in Dying Program

Centre for Addiction & Mental Health - Social Worker May 2017 – Aug. 2020

CAMH Forensic/Secure Male & Female units

- Provided support and resources for ORB and Mental Health Act patients and their families
- Coordinated family meetings, ran Forensic Systems Psychoeducation groups, assisted with discharge planning
- Facilitated visitation screening and “Approved Persons” Assessments for Forensic clients

Sexual Assault & Violence Intervention Services – Counsellor Apr. 2013-Dec. 2014
(S.A.V.I.S.)

- Provided individual counselling and crisis intervention to adult female and male survivors who have experienced childhood sexual abuse and/or relationship violence
- Provided crisis counselling and group co-facilitation at Vanier Centre for Women and Hope Place Treatment Centre

VOLUNTEER EXPERIENCE

Halton Children's Aid Society

2009-2014

- Family Visitation Assistant: Observed family visitations at Halton CAS
- Food For Life Program Assistant: Sorted food donations for families in need
- Recipient of 2010 "Angel" award for outstanding volunteer support and commitment

Oakville Distress Centre

2009-2015

- Extensive training in crisis management and intervention, empathetic and active listening
- Recipient of The Ontario Volunteer Service Award for 5 years of continuous volunteer service

EDUCATION

- **Wurzweiler School of Social Work** - New York, NY - Masters in Social Work
- **University of Guelph** - Bachelor of Arts in English

References available upon request.