

Daniela Shulman, MSW RSW

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EDUCATION

2015-2017 Master of Social Work, University of Toronto

2010-2015 Bachelor of Arts (Honours) Psychology, York University

HIGHLIGHTS AND QUALIFICATIONS

- Strong interpersonal and communication skills.
- Trilingual in English, Russian and Hebrew.
- Excellent assessment, interviewing and clinical skills.
- Extensive knowledge and experience working with children and families.
- Experience in the field of high conflict, separation and divorce

PROFESSIONAL EXPERIENCE

Child and Family Therapist

January 2020- current: Private Practice at Daniela Shulman Therapy and The Counselling Centre, Vaughan

- Conducts intake with the client and/or family
- Develops the treatment plan collaboratively with the client and their family ●
- Provides family and individual counselling utilizing evidence-based interventions ●
- Collaborates with multidisciplinary staff to support assessment and treatment planning ●
- Receives supervision on as needed basis
- Completes documentation and progress notes

Child and Family Therapist, Student Support Services

Oct 2017- January 2022: Strides Toronto, Scarborough

- Conducted family and individual assessments and intake
- Developed the treatment plan collaboratively with the client and their family ●
- Provided family and individual counselling utilizing evidence-based interventions ●
- Provided service coordination to ensure the development and implementation of treatment plans
- Provided and implemented group work and psycho-educational seminars ●
- Collaborated with multidisciplinary staff to support assessment and treatment planning, such as schools and community agencies
- Advocated on behalf of clients and worked through a client-centered lens ●
- Provided reports that are written within the agency's mandate
- Attended bi-weekly supervision

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Casual Social Worker

May 2017-Oct 2017: Trauma/Oncology Unit at Sunnybrook Hospital, Toronto •

Completed psychosocial assessments, progress notes, required documentation and statistics

- Provided counselling support to patients and families
- Liaise/coordinated community supports/referrals to appropriate agencies • Attended rounds, formulated discharge plans and advocate on behalf of patients and families • Attended, scheduled and led family meetings

Here to Help Facilitator

April 2017-April 2018: Jewish Family and Child, Toronto

- Co-facilitated a manualized program for children who experienced domestic violence • Planned and led group activities that focused on different weekly topics
- Wrote contact notes at the end of each session and debriefed with the team

Integra Social Competence Group Facilitator (volunteer)

April 2017-June 2017: Child Development Institute, Toronto

- Co-facilitated a 9 week social competence program group for children ages 12-14
- Helped children work on their social goals of initiating, extending and maintaining friendships and interactions
- Led activities and games that specifically focused on social goals

Social Worker (MSW Internship)

Sept 2016- April 2017: Outpatient/Inpatient Oncology Unit at Sunnybrook Hospital,

Toronto • Completed psychosocial assessments, progress notes, required documentation and statistics

- Provided counselling and community support to patients and families
- Attended rounds, formulate discharge plans and advocate on behalf of patients and families

Child and Family Therapist (MSW Internship)

January- June 2016: Child Development Institute, Toronto

- Completed psychosocial assessments and created appropriate intervention plans • Engaged with clients through weekly consultations, visits to the school, day care observations and play based therapy sessions
- Helped children adjust and transition into the school system
- Co-facilitated a manualized Here to Help group on a weekly basis

Integra Mindfulness Martial Arts Facilitator (Volunteer)

Sept 2016- Feb 2017: Child Development Institute, Toronto

- Participated and assisted in a 20 week manualized program for children with learning disabilities using mindfulness, martial arts and a CBT framework.
- Participated in individual meetings with the child and their families on a weekly basis
- Worked individually with a child with visual imparities

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Teacher Assistant

August- Sept 2016: Ready for School Program at Jewish Immigrant Aid Services (JIAS), Toronto • Prepared children who were new immigrants to Canada to transition into school • Assisted the teacher with lesson planning and taught children English

- Implemented activities for children and encouraged them to make friendships
- Communicated with parents/guardians on a daily basis

Assistant Camp Director

May -Sept 2014: Summer Theatre Spectacular Day Camp, City of Vaughan

- Implemented camp rules, schedule and daily activities
- Promoted the equitable treatment of campers and staff
- Worked on a individual basis with campers and/or staff to resolve conflicts
- Integrated campers with special needs into daily programming

PROFESSIONAL DEVELOPMENT

- Acceptance and Commitment Therapy (ACT), Psychwire, October 2022
- Sand Play Therapy Training, Canadian Association for Play Therapy, 2022
- Racial Trauma Training, Charmaine Lane, November 2021
- Dialectical Behavioural Training (DBT), Psychwire, June 2021
- Circle of Security Training, Circle of Security International, October 2020
- High Conflict Training, Michael Saini, October 2018- April 2019
- Trauma Informed Training, Geraldine Crisci, May 2018
- Facing Your Fears Training, Judy Reaven & Audrey Blakeley-Smith, May 2018
- Understanding ADHD Impairment Workshop, Heidi Bernhardt, March 2018 • Diversity and Inclusion Training, Strides Toronto, January 2018
- Creative Interventions to Engage, Assess and Treat Children, Youth and Families Workshop, Liana Lowenstein, December 2017
- TAPP-C Training, Debbie Salisbury, November 2017
- Wellspring Money Matters Workshop, Navigating Social Assistance Programs in Ontario, January 2017
 - Indigenous Cultural Competency Workshop (ICCT), University of Toronto,

October 2016