

JESSICA T. FURMAN BA BSW MSW RSW

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PROFILE

Registered social worker with highly developed clinical and community experience in working with diverse populations.

Private Practice

- Provides Individual, Child and Family therapy services in person and virtually
- Provides Consultation Services to private business' including but not limited to, summer and overnight camps

Crescent School, Toronto August 2021 – June 2024 (Contract)

- Lower and Middle School Social Worker providing mental health services and support to students grade 3-8 and their families
- Provides psychoeducational and group support in school and by zoom where appropriate
- Provides consultation and support to faculty, staff and families
- Works with the broader community building important relationships and connections to assist faculty, students and their families in continuing to learn and grow in areas of anti black racism, violence against women and LGBTQ2S+ learnings for example

Strides Toronto (Formerly Aisling Discoveries Child and Family Centre) September 2018 – August 2021 (Permanent)

Child and Family Counselling

- Provides assessment, formulations, therapeutic intervention and skill building for children and families with a focus on children 0-12

Priority Access for Child Welfare program

- CBT focussed program/ intervention with families who have had incidents of physical discipline or physical violence with their children and are seeking change.

Group Facilitation

- Facilitator for various mental health programs including:
Here to Help – for women and children exposed to domestic violence
Facing your Fears – for children struggling with anxiety and their parents
Caring Dads Program – for fathers who have been violent

International School of Helsingborg, Helsingborg Sweden September-December 2016 (Contract)

- Supply teacher for students' kindergarten through high school years
- Early years educator, working with children ages 3 and 4

DanEl, Tel Aviv, Israel 2015 (Contract)

- Provided community-based group facilitation services for newcomer caregivers

Jewish Family and Child, Toronto Canada Feb. 2009 – Aug. 2014, Dec. 2015 – Apr. 2016 (Permanent)

Individual, Couple and Crisis Response

Provides programs services and resource information to community members of diverse backgrounds, race, religion, creed and socio-economic status living in York Region and the Greater Toronto Region

- Provides first contact to community members seeking service, as well as consultations to community professionals

- Provides clinical/therapeutic services to agency clients by phone and as “drop in” clients
- Carries a diverse caseload supporting individuals involved with agency’s financial assistance program as well as providing counselling services to individuals and couples

Group Facilitation

- Facilitator with the “Here to Help Program”, a parenting group for mothers and children exposed to domestic violence
- Co-Facilitator with the “Homework Club”, assisted with coordinating the homework club for children grades 3 and up
- Organized and facilitated “Koach Adventures” an outdoor therapy program for at risk youth

School Social Work

- Provided social work services including consultation with teachers, principals, guidance, parents and children.
- Provided in class support and individual support to students and their families
- Facilitated groups on healthy boundaries, relationships, self-esteem and social skills

Child Welfare Social Worker

Bartimaeus Inc., Oct. 2008 – July 2009 (Contract)

Access Facilitator

- Facilitated access visits between the non-custodial parent and child

The Children’s Aid Society of Toronto Feb. – Oct. 2008 (Permanent)

Child Protection Social Worker

- Serviced high needs families of diverse cultures and backgrounds
- Carried out investigations to assess for children’s safety in their family homes and in the community while being responsible for on-going protection files
- Developed intervention plans for families to minimize risk and encourage strengths building
- Prepared cases for court and testified where required

Children’s Aid Society of Haldimand and Norfolk

Child Protection Social Worker Oct. 2006 – Feb. 2008 (Permanent)

- Performed 7-day investigations and carried ongoing child protection files
- Prepared cases for court and testified where required

EDUCATION

Master of Social Work, Ryerson University; Sept. 2011- Aug. 2012

Bachelor of Arts & Bachelor of Social Work, McMaster University; Sept. 2002- Apr. 2006

- Bachelor of Arts, Labour Studies
- Recipient of the McMaster Social Science Honours Award, 2003

Certificates

2 Day Intensive Anger Management Certification Training, 2023

- Mindfulness based tools for impulse control, reduced emotional reactivity

Mental Health First Aid Certificate, 2022

- Certified mental health first aid

ASSIST Suicide prevention training and Certificate 2019

Facing Your Fears, Health, 2019

Caring Dads Program, 2019

Working with Families and Children Certificate, Mar. – June 2015

- Continuing education program in conjunction with the University of Toronto

Narrative Therapy Certification, Oct. 2013- May 2014

- Continuing education program in conjunction with the University of Toronto

Trainings

The Ultimate Clinical Supervision Certificate Course: Preparing Supervisees for Today's Most Critical Issues in Psychotherapy (Online Course 30 hr), 2025

2 Day Intensive Course: Clinical Supervision: Providing Effective Supervision, Navigating Ethical Issues and Managing Risk, 2025

Parent Child Contact Problem Training, Dr B Fidler, Dr S Polak, 2022

"Anti Black Racism Training for Clinicians", York University 2019

OASW Trainings

"Privilege and Unconscious Bias" Certificate, 2021

"Trauma Stewardship: A Workshop on the Fundamentals of Trauma and Vicarious Trauma," 2021

"Standing up to Covid-19: Effective Stress-Inoculation and Resiliency-Enhancing Strategies," 2020

"Working with Self-Injuring and Suicidal Adolescents: A Collaborative Strengths- Based Family Therapy Approach," 2020

Sick Kids Center for Community Mental Health

"Creative CBT interventions for children with anxiety," 2022

"Favourite Therapeutic Interventions for Engaging Children and Teens in the First Session," 2022

"Narrative Therapy & Restorative Justice Approaches for Working with Effects of Trauma & Abuse," 2020

"Front-Line Workers Trauma Assessments," 2010

"Getting Started: The Foundation of Your Narrative Practices," 2007

"Brief and Narrative Practices with Adolescents: Challenges of Engagement and Direction," 2007