

SAVANNA SMITH
400 Bradwick Dr. Suite 207
Concord, ON L4K5V9
savanna@mackenzieclinic.ca

Savanna Smith, RN, RP(Q)
Ontario, Canada

PROFESSIONAL SUMMARY

Experienced clinician with dual credentials as a **Registered Nurse** and **Registered Psychotherapist (Qualifying)**, combining nine years in acute-care nursing with advanced training in counselling psychology. Skilled in delivering therapeutic services in both virtual and clinic-based settings, particularly for adults, couples and men's mental health. Adaptable, collaborative and committed to high-quality, inclusive care in multidisciplinary healthcare teams.

CORE COMPETENCIES

- Psychotherapy: individual, couples, family
 - Virtual & in-person therapy delivery
 - Trauma-informed and strength-based approaches
 - Evidence-based modalities: CBT, ACT, EFT, Solution-Focused Therapy, Mindfulness
 - Clinical case conceptualization & treatment planning
 - Interdisciplinary collaboration (healthcare teams, clinic settings)
 - Nursing background: assessment, crisis response, patient-education
 - Content creation & psycho-education (blogs, outreach)
 - Flexible scheduling, remote readiness, ethical documentation
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PROFESSIONAL EXPERIENCE

Acceptance Clinic – Registered Psychotherapist (Qualifying)

October 2024 – Present

- Deliver individual and couples psychotherapy to a diverse adult population, with a specialization in men's mental-health, emotional regulation, identity work and relational issues.
- Develop and implement tailored treatment plans integrating CBT, ACT, EFT and mindfulness modalities, using both virtual and in-person formats.
- Produce psycho-educational blog posts on men's mental health, emotional literacy and healthy interpersonal dynamics.
- Collaborate within a multidisciplinary clinic team to deliver trauma-informed, inclusive care.

University of Toronto / Sunnybrook Health Sciences Centre – Clinical Instructor

2020 – Present

- Teach and supervise nursing students in acute-care and mental-health settings, focusing on therapeutic communication, holistic practice and reflective skills.
- Design and deliver virtual and in-person instruction modules for clinical education in mental-health, nursing practice and interdisciplinary teamwork.

Southlake Regional Health Centre & Agency Roles – Registered Nurse (Neurology, ICU, Float, Charge Nurse)

2017 – 2023

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- Provided advanced care to critically-ill patients in neurology and ICU units; served as charge nurse overseeing workflow, team coordination and patient/family education.
- Led quality-improvement initiatives such as the “Unit-Based Hand Hygiene Campaign” and “Pod-Design Care Assignment” rollout, improving team efficiency and patient safety.

EDUCATION

- Master of Arts in Counselling Psychology – Yorkville University 2025
- Registered Psychotherapist (Qualifying) – College of Registered Psychotherapists of Ontario (2025)
- Bachelor of Science in Nursing (BScN) – York University – Dean’s Honour Roll, 2016
- Registered Nurse – Certificate of Competence, College of Nurses of Ontario, 2017

CERTIFICATIONS & PROFESSIONAL DEVELOPMENT

- ACLS & BLS – Red Cross (2024)
- Standard First Aid / CPR & AED Level C & HCP (2023)
- Non-Violent Crisis Prevention Training (2018)
- Critical Care Certificate – Southlake Regional Health Centre (2020)
- Ethics in the Workplace (2020)

PROFESSIONAL MEMBERSHIPS

- College of Registered Psychotherapists of Ontario (CRPO)
- Canadian Counselling & Psychotherapy Association (CCPA)
- College of Nurses of Ontario (CNO)
- Registered Nurses’ Association of Ontario (RNAO)

ALIGNMENT WITH MAKENZIE CLINIC

- Makenzie Clinic’s focus on comprehensive therapy services—potentially including individual, couples and family work—aligns with my background in psychotherapy and relational issues.
 - My dual nursing and psychotherapy credentials offer a broad clinical perspective suited to a clinic setting where mental-health intersects with overall well-being and multidisciplinary care.
 - Experience in both virtual and in-clinic formats ensures flexibility and readiness to meet client needs in a hybrid model.
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